

## ABSTRACT

5 The invention provides methods for the inhibition of inflammation by providing, to a cell,  
in need thereof, monoterpene compositions that inhibit NF- $\kappa$ B . These compositions may also  
contain a carrier moiety that renders the monoterpene composition membrane permeable. The  
carrier may include triterpenoid moieties, sugars, lipids, or even additional monoterpenoid  
moieties. The composition can also contain additional chemical functionalities. Methods for  
using these compounds to prevent and treat a wide range of inflammatory conditions, especially,  
10 premalignant inflammatory conditions are described.

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